



STUDENT SAVVY

FALL SOCIAL-LANGUAGE GROUPS

- WHO:** Children in Elementary, Middle and High School
- WHAT:** Group therapy led & facilitated by therapists
- WHERE:** Bellosa Counseling, LLC
350 S. Northwest Highway, Suite 300
Park Ridge, IL 60068
- WHEN:** Week of September 30th -December 2nd (once weekly for 60 minutes)
No session week of October 28th and November 25th
*Time/Day preferences welcome
- WHY:** To help children develop skills necessary for building healthy social relationships and self-esteem by focusing on these areas:
- Communication skills
 - Understanding and using non-verbal language skills
 - Social Thinking skills
 - Identifying and expressing emotions appropriately
 - Learning & developing appropriate coping skills
 - Making and maintaining friendships
 - Dealing with stress, anger, and frustration
 - Problem solving skills
- HOW:** Please email or call Student Savvy at info@studentsavvyclubs.com or 847-957-1505
- Cost:** Very affordable! \$500 for the entire 8-week session (Payment taken upfront)