

# NEW GROUPS FORMING FOR SUMMER!



## “EXPANDING SOCIAL SKILLS”

- WHO:** Children in Elementary, Middle and High School
- WHAT:** Group therapy led & facilitated by licensed clinical therapists
- WHERE:** Bellosa Counseling, LLC  
350 S. Northwest Highway, Suite 300  
Park Ridge, IL 60068  
[www.BellosaCounseling.com](http://www.BellosaCounseling.com)
- WHEN:** Week of June 25th-July 30th, once weekly for 60 minutes  
Tuesdays 9:00 - 10:00 am or 3:00 - 4:00 pm (6/26, 7/3, 7/10, 7/17, 7/24, 7/31)  
Thursdays 9:00 - 10:00 am or 3:00 - 4:00 pm (6/28, 7/5, 7/12, 7/19, 7/26, 8/2)  
\*Time/Day preferences welcome
- WHY:** To help children develop skills necessary for building healthy social relationships and self-esteem by focusing on these areas:
- Communication Skills
  - Social Skills
  - Applied Interaction Skills
  - Identify and express emotions appropriately
  - Learn & develop appropriate coping & relaxation skills
  - Making and maintaining friendships
  - Dealing with stress, anger, and frustration
  - Problem solving skills
  - Staying focused and organized

**HOW:** If you are interested in learning more about our summer groups for your child(ren), please contact **Jennifer Schoonover** at: [jenniferschoonoverslp@gmail.com](mailto:jenniferschoonoverslp@gmail.com) or call at **312-420-1901**

**Cost:** Very affordable! \$300 for the entire 6-week session (Payment taken upfront)