STUDENT SAVVY FALL SOCIAL-LANGUAGE GROUPS

WHO: Children in Elementary, Middle and High School

WHAT: Group therapy led & facilitated by therapists

WHERE: Bellosa Counseling, LLC

350 S. Northwest Highway, Suite 300

Park Ridge, IL 60068

WHEN: Week of September 30th -December 2nd (once weekly for 60 minutes)

No session week of October 28th and November 25th

*Time/Day preferences welcome

WHY: To help children develop skills necessary for building healthy social

relationships and self-esteem by focusing on these areas:

• Communication skills

- Understanding and using non-verbal language skills
- Social Thinking skills
- Identifying and expressing emotions appropriately
- Learning & developing appropriate coping skills
- Making and maintaining friendships
- Dealing with stress, anger, and frustration
- Problem solving skills

HOW: Please email or call Student Savvy at <u>info@studentsavvyclubs.com</u> or 847-957-1505

Cost: Very affordable! \$500 for the entire 8-week session (Payment taken upfront)